

Risk assessment

Name of activity, event, and location	Stand Up Paddle Boarding Merseymoot 2024.	Date of risk assessment	02/09/2022 Review 22/07/2024	Name of person doing this risk assessment	Ian Bell DC Wallasey.
		Date of next review	If any significant changes to activity plan. And in post event Debrief		

What hazard have you identified? What are the risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?	What has changed that needs to be thought about and controlled?
<i>A hazard is something that may cause harm or damage. The risk is the harm that may occur from the hazard.</i>	<i>For example: young people, adult volunteers, visitors</i>	<i>Controls are ways of making the activity safer by removing or reducing the risk. For example, you may use a different piece of equipment, or you might change the way you do the activity.</i>	<i>Keep checking throughout the activity in case you need to change what you're doing or even stop the activity. This is a great place to add comments which will be used as part of the review.</i>
Water Risks: Drowning, Cold-water shock	All participants	All must be able to swim 50m in light clothing and tread water. Buoyancy aid must be worn by all. All must use board leashes. All participants briefed in suitable dress for activity. Footwear Must be worn as per site RA, until on board. (Many regular SUP padder paddle bare foot for better connection with board) Recommend keep footwear on but if removed refit before getting off board.	Declaration by participants. Leader of session check and enforces if required. Suitable drees for activity. Light clothing is minimum requirement. (Tee shirt and shorts or leggings) Wet suites can be worn but not provided Light Footwear to be worn as per site RA. (Water shoes or pumps.) If footwear unsuitable for use on board, then may be remove once on board but must be replaced before exit. (Many regular SUP padder paddle bere foot for better connection with board)
Water quality issues:	All participants	Choice of venue avoiding known areas of pollution or algae blooms. Participants briefed in signed of Weil's Disease and action to take. Good hand hygiene after activity or handling kit. Kit washing routine. Showers and adequate washrooms available for use on campsite. Delph is suitable venue with suitable water quality.	Participant to report if experience any health issues after activity that may be connected. Venue is considered suitable.
Weather: Wind rain sun. Wind chill increased risk of hypothermia Extreme heat and sun reflection risk of sun burn or hyperthermia	All participants	Leader to check and monitor forecast. Suitable dress and length of activity. Use sun cream, hat, and take fluids. Rain will alter water level and temperature. Wind will blow boards around and if offshore out away from land. Use of leash to prevent loss of contact with board.	Ongoing dynamic assessment of water changes.
Activity risk Fall from boards Unable to remount board (Minor cuts grazes muscle pulls)	All participants	Suitable ratio of leader and participants. Launch and return to side in kneeling position as more stable. Avoid standing if risk of falling onto bank or other objects and possible head injury. Leader will teach how to get back on board. Leader capable of recovery of unconscious person to board. Once falling let it happen. Manual handling of equipment off water.	Experience of leader will determine this against group and conditions. (Max 1 to 10) Leaders will assess participants previous experience if any. Will provide full instruction for first time participants.

You can find more information in the [Safety checklist for leaders](#) and at scouts.org.uk/safety

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Venue risk: Delph Tawd Valve Camp site. (Scout classification B1 water)	All participants	<p>Water is deep and can be cold. Water is of suitable quality and Class for this activity. Delph is very sheltered and generally unaffected by wind. Trip hazards around bank from tree routes. Footwear to be worn until on board. Risk off tree debris in water. Team will remove any obvious risk and monitor or protect where can. Bits or stings from insects use repellent or cream. The delph has limited access points. all groups will start and return to same point on bank. So, this area should be kept clear of non-boating activities. Other access will only be used in emergency. Possible other users of lake: agree with them areas of operation.</p>	<p>Suitable drees for activity. Light clothing is minimum requirement. (Tee shirt and shorts or leggings) Footwear to be worn until on board (then optional). Wet suites can be worn but not provided. Participants to have access to change of clothing as likely to get wet during activity.</p>
Transport of and Manual handling of equipment off water.	All participants and anyone else doing this task	<p>Board are light wight and can be carried by an individual if balanced. Share load where required. Transport to and from event will be on trailer or cars and coved under separate assessment.</p>	Leader supervision.
Covid measures Injury / illness and first aid required.	All participants	<p>Follow any current guidance in relation to Covid control. Always promote good hygiene practises.</p> <p>Leader / instructors are qualified First aider and will have First aid kits available. Addition support from emergency team and event organiser or camp staff.</p>	<p>Ongoing</p> <p>Participant to report if experience any health issues after activity that may be connected.</p>

Ian Bell DDC Adventure Wallasey 02/09/2022.

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